Help Me Grow Vermont Impact

One Connection. Many Resources

Community Outreach

Help Me Grow used virtual platforms to host 47 community outreach events—providing opportunities for families to learn skills related to the five protective factors. 38,000 Vermont families were reached.

Developmental Screening

9,000 children are currently enrolled in childcare programs that have received Help Me Grow training, so 50% of preschoolers are better prepared to succeed as they enter kindergarten.

Resource Hub

• Staff at the resource hub received 3,298 incoming calls and referrals. Staff provided 4,277 referrals.
• Referrals for perinatal mood and anxiety disorders (PMADs) increased after Support Delivered launched in 2020. Help Me Grow worked with 57 individuals and provided 230 referrals.

Goals for 2022

• Support child wellbeing by offering events for Vermont families that educate and nurture child development.
• Strengthen the resource hub database to include more mental health services.
• Expand use of Help Me Grow’s ASQ Online platform to ensure earlier identification of developmental concerns and increase kindergarten readiness.

Source: Help Me Grow Annual Report 2020-2021

Learn more at HelpMeGrowVT.org